

Meet **COACH** jeff



COACH JEFF brings a wealth of playing and coaching experience to the Outsiders Volleyball Youth program!

A former OCAA All-Star and CCAA Academic All-Canadian, Jeff spent his collegiate career competing with the Algonquin Wolves and Fleming Knights, where he established himself as a standout offensive player. During his time at Algonquin, Jeff was a team captain, team MVP, team-leading scorer, and a two-time OCAA East First Team All-Star, while also being named Algonquin Male Athlete of the Year.

Since transitioning into coaching, Jeff has continued to develop athletes at multiple levels. He has served as an assistant youth coach with other organizations and a volunteer coach with Fleming College Men's Volleyball, after previously working with the Ottawa Mavericks Volleyball Club as a placement Student Coach and Strength & Conditioning Coach.

With experience both on the court and on the coaching side, Jeff brings a strong combination of technical knowledge, competitive experience, and athlete development to the gym.



For Jeff, volleyball is more than just a game — it's about the relationships built, the lessons learned, and the athletes who grow both on and off the court.

WE'RE EXCITED TO HAVE COACH JEFF HELPING LEAD THE NEXT GENERATION OF OUTSIDERS!